

Valentine's Day

By Christopher J. Ryan

I'm going to give you the best Valentine's day plan for you and your loved one to ignite the magic and renew your vows all-in-one. Why should you trust me? Because this magical plan for an excellent Valentine's Day can be custom tailored to your relationship.

The key is to make it an all day love affair. Here are some pointers to get you started on your very own Valentine's Day love potion:

- Breakfast in Bed — Be sure to make your partner's favorite food and write an endearing note to leave next to the OJ.
- A light post-breakfast activity that both of you enjoy doing together. Something simple, like catching up on a sitcom that allows you two lovebirds to digest and to snuggle.
- Wash away the relationship "dirt" with a shower ... together! Go the extra mile and pick up some new soaps and rubber duckies.



- Revisit old memories that will reignite your passion and the rich history shared between the two of you. Putting together or viewing photo albums, home videos and important milestones in your life — like where you proposed — are some great choices. If possible, take a walk past the places in person and relive the events.

- Set up activities that you and your partner have always been meaning to do. Have a bucket list? A mutual conquest list? It's a great opportunity to knock out one or two things that you've been meaning to do!

- Dinner — A romantic night out on the town. Make sure it's a memorable spot — whether it's their favorite place, a place you have been meaning to try, etc. Make it meaningful and important. Don't forget the reservation!

Indulge in the sensations and vibrations and peccadilloes that are meant for only you two. Take this day, if you've forgotten, to remember why you love him or her. If this all-day style isn't your thing, there's plenty of restaurants and flower shops to choose from.

Lastly, remember that this day isn't just about the other person. It can be about both of you, so treat it that way — with mutual interests. Are you an extreme couple? Go rock climbing. Make it personal and make it count.

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